

Ven. Drigung Ontül Rinpoche

Year 2002 Yangzab Program & Dharma Tour in Malaysia

Day	Date	Time	Venue	Program
Mon	29-Apr-02	-	Ratnashri Centre	Arrival to Malaysia
Tue	30-Apr-02	Whole-day	Chempaka Lodge	Supervise venue setup
Wed	1-May-02	2pm-3.30pm 4pm-6pm 8pm-10pm	Chempaka Lodge	Foundation Teachings of the Yangzab Terma - Part 01. Foundation Teachings of the Yangzab Terma - Part 01. Buddha Amitayus Empowerment (Yangzab Terma).
Thu	2-May-02	3pm-6pm 8pm-10:30pm	Chempaka Lodge	Jangchub & Phowa prayers for Deceased (Yangzab Terma). Commentaries on the "Regular Practice of the Three Roots".
Fri	3-May-02	3pm-6pm 8pm-10pm	Chempaka Lodge	Jangchub & Phowa prayers for Deceased (Yangzab Terma). Shithro Tagon - Preliminary Consecration and Purification of Participants for the Actual Empowerment of the Shithro Mandala of the 100 Deities.
Sat	4-May-02	10am-12noon 2pm-5.30pm 7:30pm-10pm	Chempaka Lodge	Shithro - Mandala of 100 Bardo Deities Empowerment - Part 01. Shithro - Mandala of 100 Bardo Deities Empowerment - Part 02. Shithro - Mandala of 100 Bardo Deities Empowerment - Part 03.
Sun	5-May-02	10am-12noon 2pm-5.30pm 7:30pm-10pm	Chempaka Lodge	Shithro - Mandala of 100 Bardo Deities Empowerment - Part 04. Shithro - Mandala of 100 Bardo Deities Empowerment - Part 05. Shithro - Mandala of 100 Bardo Deities Empowerment - Part 06.
Mon	6-May-02	No activity	Ratnashri Centre	Clean up of venue & Rest day.
Tue	7-May-02	8pm-11pm	Ratnashri Centre	Teachings & Commentary on Yidam Hayagriva
Wed	8-May-02	8pm-10.30pm	Ratnashri Centre	Teachings & Commentary on Yidam Hayagriva
Thu	9-May-02	8pm-10.30pm	Ratnashri Centre	Teachings & Commentary on Yidam Hayagriva
Fri	10-May-02	8pm-10.30pm	Ratnashri Centre	Teachings & Commentary on Yidam Hayagriva
Sat	11-May-02	10am-12noon 3pm-5.30pm 6pm-8pm 9pm-11pm	Ratnashri Centre	Workshop on Yidam Hayagriva Practice Workshop on Yidam Hayagriva Practice Farewell Dinner Discussion on Yidam Hayagriva Practice (2 nd Year Yangzab Studies)
Sun	12-May-02	-	Triyana Taiping	Morning transfer to Taiping
Mon	13-May-02	8pm-10.30pm	Triyana Taiping	Yangzab Dzogchen Ngondro Practice & Discussion
Tue	14-May-02	8pm-10.30pm	Triyana Taiping	Yidam Hayagriva Empowerment (2 nd Year Yangzab Studies)
Wed	15-May-02	8pm-10.30pm	Triyana Taiping	Teachings & Commentary on Yidam Hayagriva
Thu	16-May-02	8pm-10.30pm	Triyana Taiping	Teachings & Commentary on Yidam Hayagriva
Fri	17-May-02	8pm-10.30pm	Triyana Taiping	Teachings & Commentary on Yidam Hayagriva
Sat	18-May-02	10am-12noon 3pm-5pm 8pm-10pm	Triyana Taiping	Workshop on Yidam Hayagriva Practice Workshop on Yidam Hayagriva Practice Discussion on Yidam Hayagriva Practice
Sun	19-May-02	3pm-6:30pm	Triyana Taiping	Fire Puja of Hayagriva
Mon	20-May-02	-	Triyana Taiping	Rest day
Tue	21-May-02	8pm-10.30pm	Triyana Taiping Manjusri Penang	Morning transfer to Penang Chod Empowerment
Wed	22-May-02	8pm-10.30pm	Manjusri Penang	Chod Teachings
Thu	23-May-02	8pm-10.30pm	Manjusri Penang	Chod Teachings
Fri	24-May-02	8pm-10.30pm	Manjusri Penang	Chod Practice
Sat	25-May-02	-	Manjusri Penang	Preparation for Wesak Day possession
Sun	26-May-02	-	Manjusri Penang	Wesak Day possession
Mon	27-May-02	8pm-10.30pm	Kuching, Sarawak	Morning transfer to Kuching, Sarawak Yangzab Introduction, Nature of Phenomena & Motivation,
Tue	28-May-02	10am-1pm 2pm-6pm 8pm-10.30pm	Kuching, Sarawak	Guru Rinpoche Empowerment Guru Rinpoche Commentary, Practice & Ganachakra 1. Yangzab Intro & Nature of Phenomena teachings
Wed	29-May-02	10am-1pm 3pm-5.30pm 8pm-10.30pm	Kuching, Sarawak	2. Precious Human Life & Impermanence teachings. 3. Karma and Suffering teachings. 4. What are Three Roots (Lama, Yidam & Dakini)
Thu	30-May-02	10am-1pm 3pm-5.30pm 8pm-10.30pm	Kuching, Sarawak	5. Refuge & Motivation teachings. 6. Bodhicitta & Vajrasattva teachings. 7. Mandala & Guru Yoga teachings.
Fri	31-May-02	9.30am-1pm 3pm-7pm	Kuching, Sarawak	Yangzab Three Roots Empowerment Yangzab Workshop & Ganachakra.

Sat	1-Jun-02	- 8pm-10:00pm	Drigung Johor	Morning transfer to JB, evening program starts. Vajrasattva Empowerment
Sun	2-Jun-02	3pm-5.30pm 8pm-10:30pm	Drigung Johor	Shamatha Meditation Teaching/Workshop/Practice Viphasyana Meditation Teaching/Workshop/Practice
Mon	3-Jun-02	8pm-10:30pm	Drigung Johor	Teaching on Generating Bodhicitta through Tonglen Meditation
Tue	4-Jun-02	8pm-10:30pm	Drigung Johor	Tonglen Meditation Workshop/Practice
Wed	5-Jun-02	8pm-10:30pm	Drigung Johor	Generating the Deity Vajrasattva Teachings (2 nd Ngondro Text)
Thu	6-Jun-02	8pm-10:30pm	Drigung Johor	Meditation on the Deity Vajrasattva (2 nd Ngondro Text)
Fri	7-Jun-02	-	KunkyabLing SG	Morning transfer to S'pore & rest day.
Sat	8-Jun-02	2pm-6pm 8pm-10:00pm	KunkyabLing SG	Shamatha Meditation Teaching/Workshop/Practice Viphasyana Meditation Teaching/Workshop/Practice Vajrasattva Empowerment
Sun	9-Jun-02	10am-12noon 3pm-6pm 8pm-10:00pm	KunkyabLing SG	Generating the Deity Vajrasattva Teachings (2 nd Ngondro Text) Meditation on the Deity Vajrasattva (2 nd Ngondro Text) Tonglen Meditation Workshop/Practice
Mon	10-Jun-02	-	KunkyabLing SG	Rest day
Tue	11-Jun-02	8pm-10.30pm	KunkyabLing SG	Meditation Teachings on Yidam Hayagriva (2 nd Year Yangzab Studies)
Wed	12-Jun-02	8pm-10.30pm	KunkyabLing SG	Meditation Teachings on Yidam Hayagriva (2 nd Year Yangzab Studies)
Thu	13-Jun-02	8pm-10.30pm	KunkyabLing SG	Workshop on Yidam Hayagriva Practice (2 nd Year Yangzab Studies)
Fri	14-Jun-02	8pm-10.30pm	KunkyabLing SG	Shithro – Mandala of 100 Bardo Deities Empowerment – Part 01.
Sat	15-Jun-02	9.30am-12noon 2pm-5.30pm 7:30pm-10pm	KunkyabLing SG	Shithro – Mandala of 100 Bardo Deities Empowerment – Part 02. Shithro – Mandala of 100 Bardo Deities Empowerment – Part 03. Shithro – Mandala of 100 Bardo Deities Empowerment – Part 04.
Sun	16-Jun-02	9.30am-12noon 2pm-5pm 5:30pm-7pm 7pm-10pm	KunkyabLing SG	Shithro – Mandala of 100 Bardo Deities Empowerment – Part 05. Shithro – Mandala of 100 Bardo Deities Empowerment – Part 06. Shithro – Mandala of 100 Bardo Deities Ganachakra. Dinner & clean up of venue.
Mon	17-Jun-02	-	S'pore - KL Tibet	Morning transfer to KL & connect Chengdu Flight. Depart to Tibet via Chengdu, China
Thu	25-Jul-02		Tibet-KL	Free & easy
Fri	26-Jul-02		Ratnashri Centre	Free & easy
Sat	27-Jul-02	Whole day	Chempaka Lodge	Grand Dharma Event of Buddha Amitabha with Holiness Chetsang
Sun	28-Jul-02	Whole day	Chempaka Lodge	Grand Dharma Event of Avalokiteshvara with Holiness Chetsang

Note;

1. Shithro Empowerment requires preparation on setting up of the whole Mandala and Torma of 52 Peaceful and 48 Wrathful. This empowerment is from the Yangzab-Dzogchen Terma collection of Dharma teachings. Those who miss the first Year Preliminary teachings can participate in the second and continue to third until completion.
2. Buddha Amitayus is also from the Yangzab-Dzogchen Terma collection of Dharma teachings.
3. Practice text is available for Yangzab Three Roots, Bardo Deities & Yidam Hayagriva but not for Buddha Amitayus.
4. Jangchog prayers & Phowa for deceased is from the Yangzab-Dzogchen Terma collection of Dharma teachings.

There is 3-practice text available:

- a. The Regular Practice of Yangzab Three Roots (7pages) with the Yidam Hayagriva as the main meditative figure and contemplation. (require Shithro Empowerment)
- b. The Bardo Prayers (20pages) also called Self Liberation in the Bardo. (require Shithro Empowerment)
- c. Concise Three Roots - Hayagriva/Heruka Sadhana (80pages) this practice text is use in retreats. (require Shithro or Hayagriva Empowerment)

For more info on Shithro & Hayagriva, please visit this website:

http://www.kagyu-medialab.org/wogmin/ratnashri_may2002.html

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